

HOWDY!

Managers' Minutes September 7, 2023

Division of Human Resources and Organizational Effectiveness

AGENDA

“Leading with Purpose and Intention”

Damon Slaydon

Defining Your Purpose

Karen Hentschel

Managing with Intentionality

Sara Laird

Employee Wellness Fair & WebMD ONE

Kourtney Bassett

Giveaway

Karen Hentschel

Closing/Q&A

Karen Hentschel



Leading with Purpose & Intention



The Power of Intention in Defining Your Purpose

Incidental

- “Seat of the pants” mode
- “knee-jerk”
- React

Intentional

- Focus on what matters most
- Thoughtful
- Respond

The power of intention: LinkedIn learning, formerly Lynda.com. LinkedIn Learning | Login. (n.d.). https://www.linkedin.com/learning-login/share?account=74650722&forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Ffinding-your-leadership-purpose-with-doug-conant%2Fthe-power-of-intention%3Ftrk%3Dshare_video_url%26shareId%3DyR8lgjqoTsum9O4A0919Qw%253D%253D



pur·pose

noun: **purpose**; plural noun: **purposes**

- the reason for which something is done or created or for which something exists
- a person's sense of resolve or determination

Identifying Your Purpose: A *FIRST ROUGH* Draft

A. Three things you most want to be known for as a leader	B. Three things you want to experience as a leader	C. Three leadership qualities that you possess	D. Three leadership-focused actions to take in the next two weeks
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.

I will _____ (D)
Using my _____ (C)
To accomplish _____ (B)
And in doing so, achieve _____ (A)

“Start where you are. Use what you have. Do what you can.”

- Arthur Ashe



Managing with Intentionality

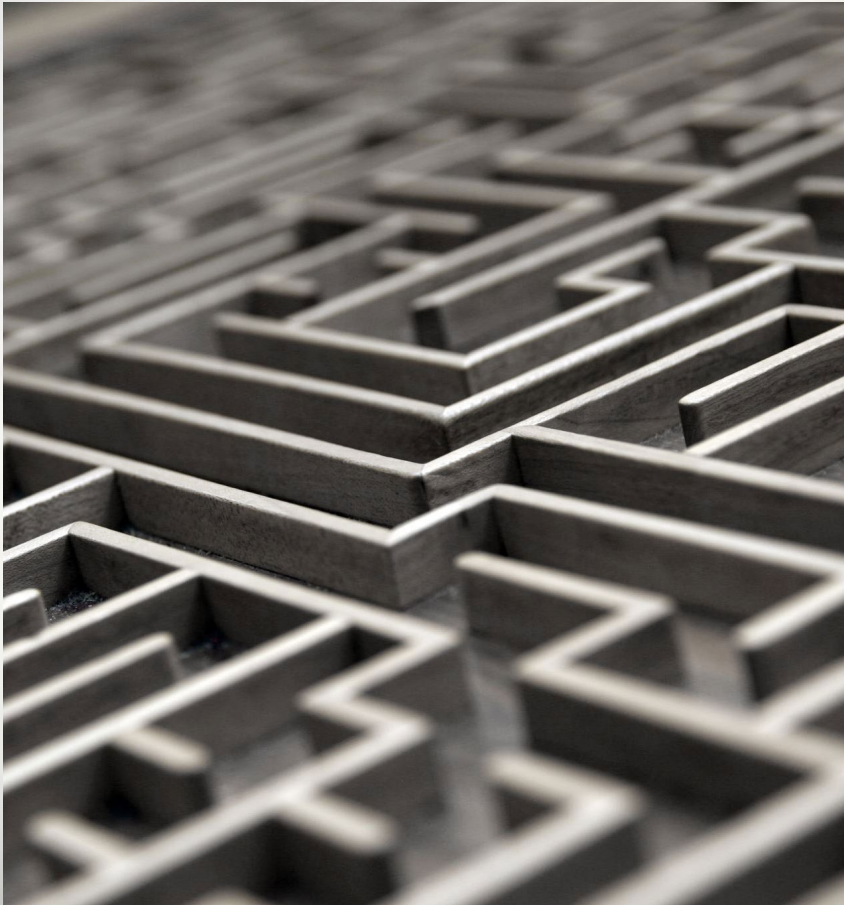


My Leadership Purpose:

To be intentional with everything I do. Be present as a leader, show up physically and mentally, and to put forth action that truly brings value to those I am serving.

Being an intentional leader helps you build credibility, to be seen as reliable, dependable and trustworthy.

Roadblocks to Intentionality



- Focusing solely on work
- Over promising and underdelivering
- Allowing busyness to take over

Be Intentional

Listen



- Regular 1:1s with direct reports
- Walk around and “mingle”
- Take interest in issues that matter to them

Connect



- Build relationships that are deeper than just the work
- Encourage organic interactions
- Be relatable and engaging

Follow Through



- Demonstrate accountability – “walk the walk”
- Remove barriers and equip your direct reports
- Communicate status updates with employees

Engage “Intentional Mode”

Focus your intentions on the things that matter most

Know your WHY (purpose)

Make your employees a daily priority

Keep intentionality in the front of your mind

Strategically interact with your employees to develop thriving teams



Poll



Leading with purpose and intentionality fosters VISION, UNDERSTANDING, CLARITY and AGILITY





EMPLOYEE WELLNESS FAIR

Tuesday, October 3, 2023 | 8:30 AM – 3:00 PM | Student Rec Center

South Courts | 8:30 AM - 3:00 PM

Vendor Exhibit Hall

Breakfast for registered Morning Keynote attendees, 9:00 AM

Room 2229 | 9:30 AM – 10:30 AM | Morning Keynote & Breakfast

Power Your Second Shift

Miranda Walichowski, Ph.D. and Robye Harvey with Human Architects

**Live stream available*

Room 1130 | 11:00 AM - 11:45 AM
**Catching Z's or Counting Sheep:
The Effect of Nutrition on Sleep**

Meghan Windham, MPH, RD, LD

**Live stream available*

Room 2225 | 11:00 AM - 11:45 AM

Yoga

DeAun Woosley

Presented in partnership with

Texas A&M Rec Sports

**Live stream available*

Lunch for registered Mid-Day Keynote attendees, 12:00 PM

Room 2229 | 12:30 PM - 1:30 PM | Mid-Day Keynote & Lunch

Building Resilience and Connection During Times of Change

Dr. Russell Robinson, Ed.D.

Room 1130 | 2:00 PM - 2:45 PM
**The Power of WHY:
Adding Magic to Your Professional Life**

Madalyn Smith, MS

**Live stream available*

Room 2225 | 2:00 PM - 2:45 PM

Body Blaster

Anna Taggart Minahan, MS

Presented in partnership with

Texas A&M Rec Sports



MyEvive has been replaced by WebMD ONE in SSO

THE TEXAS A&M
UNIVERSITY SYSTEM



My Health

TAMUS Resources

DEVICES/APPS



INTERESTS



ON THIS PAGE

Dashboard

Take Action

Explore & Learn

Health Assessment

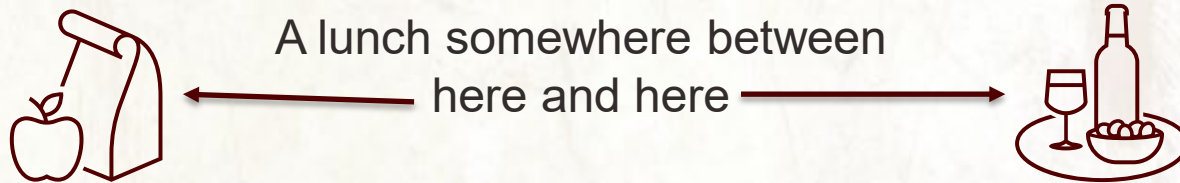
Get more out of your experience by completing your assessment.

NEXT

GET YOUR SCORE



Giveaway





Division of Human Resources
& Organizational Effectiveness

Managers'



Minutes

**DEEP DIVE:
WHAT TYPE OF LEADER AM I?**

September 28, 2023
8:30 AM - 10:30 AM
General Services Complex
(750 Agronomy) - Room 101A

Come engage with fellow managers and find out what
your leadership style is.

A light breakfast will be served. The session will be in-
person only and limited to 50 participants.

REGISTER by 9/25



RESOURCES

[LinkedIn Learning Course: Finding Your Leadership Purpose with Doug Conant](#)

[My Leadership Purpose Exercise](#)

[LinkedIn Learning Video: How do you know you're leading with intention?](#)

[LinkedIn Learning Video: The power of intention](#)

[TAMU Employee Wellness Fair](#)

[Register for Managers' Minutes Deep Dive – What type of leader am I? – 9/28/23](#)



Get Involved



Opt-in to receive updates and communications:
[Managers' Minutes Email Distribution List](#)



Next Managers' Minutes:
September 21, 2023 – 8:30-9:30

[Register Here](#)



Share your input for future Managers' Minutes meetings:
[Managers' Minutes Feedback](#)

My Leadership Purpose Exercise

My Leadership Purpose: A **First Rough** Draft

A. Three things you most want to be known for as a leader	B. Three things you want to experience as a leader	C. Three leadership qualities that you possess	D. Three leadership-focused actions to take in the next two weeks
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.

Choose one item from each column to fill in the blanks below. This will form a rough draft of your purpose statement that you can continue to tweak and edit over time.

I will (D) _____

Using my (C) _____

To accomplish (B) _____

And in doing so, achieve (A) _____



Additional Questions?

**Organizational
Development**

[Website](#)
orgdev@tamu.edu

Living Well

[Website](#)
[Contact Us](#)



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