1. There are three MMR vaccines licensed in the United States.
   - [ ] True
   - [ ] False

2. Most people without chronic health conditions have a normal blood pressure if it stays below______:
   - a. 120/80
   - b. 110/60
   - c. 140/90

3. Anyone can get skin cancer. It’s more common among people with a light (fair) skin tone, but skin cancer can affect anyone.
   - [ ] True
   - [ ] False

4. Sleep deficiency can lead to physical and mental health problems, injuries, loss of productivity, and even a greater risk of death.
   - [ ] True
   - [ ] False

5. _________ seizures can happen any time a child gets sick and has a fever.
   - a. Anaphylactic
   - b. Sudden
   - c. Febrile

6. _________ can damage blood vessels in the kidneys, reducing their ability to work properly.
   - a. Exercise
   - b. Sleep deprivation
   - c. High blood pressure

7. Skin cancer can’t be found in places on the body never exposed to the sun.
   - [ ] True
   - [ ] False

8. The two basic types of sleep are rapid eye movement (REM) and _________.
   - a. non-REM
   - b. slow eye movement
   - c. deep sleep