1. Experts believe that more than ______ out of 10 Americans, sometime in their lives, will experience an episode of dizziness significant enough to send them to a doctor.
   a. three  
   b. four  
   c. six  
   d. two

2. Major depression is characterized by severe symptoms that interfere with your ability to work, sleep, study, eat, and enjoy life.
   - True  
   - False

3. COPD is the third leading cause of death in the United States and causes serious, long-term:
   a. disability  
   b. brain damage  
   c. memory loss

4. Parkinson’s disease usually arises after age 50, but can also appear earlier in life. It affects about 100,000 people nationwide.
   - True  
   - False

5. There are many causes of balance problems, such as medications, ear infections, a head injury, or
   a. chronic heart disease  
   b. a bad diet  
   c. anything else that affects the inner ear or brain

6. Most likely, depression is caused by a combination of genetic, biological, environmental, and psychological factors.
   - True  
   - False

7. Symptoms of COPD include all but the following:
   a. Constant coughing, sometimes called “smoker’s cough”  
   b. Shortness of breath while doing activities you used to be able to do  
   c. Excess sputum production  
   d. Vision problems

8. Research suggests that eating right and exercising may help reduce or delay symptoms of Parkinson’s disease.
   - True  
   - False