Texas A&M Campus
1 Mile Walking Routes*

2 Memorial Student Center:
   9 laps on the 2nd floor

16 Evans and Cushing
   Memorial Library:
   5 laps around building

45 Life Science Building:
   10 laps on the 1st floor

49 General Service Complex:
   10 laps on the 2nd floor

58 Reed Arena:
   1 lap on the sidewalk
   surrounding parking lot

62 Reynolds Medical Sciences:
   10 laps on the 2nd floor

SP Spence Park Trail:
   2 laps on the trail

* Routes are approximate measurements taken in February 2015.

Wellness Works is a program designed to encourage employees to live healthier lifestyles, to support a healthy workplace and to create a culture of wellness.
Learn more: employees.tamu.edu/wellness