A&M System
Open Enrollment 2019-20

Texas A&M HR Liaison Network
June 25, 2019
What’s New?

- Work/Life Solutions by GuidanceResources
- Tobacco Surcharge includes e-cigarettes
- Delta Dental PPO has some expanded coverage
- HealthCare Spending Account maximum has increased
- Wellbeing Management
- Grandchild Re-certification
- Graduate Student Employee Plan Changes
Premium Changes

• No change for A&M Care (4th year in a row!)
• Slight increase for DeltaCare Dental HMO
• Increase for AHP Graduate Student Employee Plan
• Look for increase if you change age brackets for Optional Life
Work/Life Solutions by GuidanceResources

• Clinicians to assist with:
  – Anxiety, depression, stress, grief, loss, life adjustments, relationship & marital conflicts

• Finding referrals and resources for things such as:
  – Child and elder care, hiring movers or home repair contractors, planning events, locating pet care, vacation planning

• Legal guidance for assistance with issues such as:
  – Divorce, adoption, family law, wills, trusts

• Financial Resources for discussions about
  – Retirement planning, taxes, mortgages, relocation, budgeting, debt
Review of Tobacco Surcharge Policy

- Tobacco surcharge includes cigarettes, cigars, pipe tobacco, chewing tobacco, snuff, dip and e-cigarettes
- You can change your designation in Workday
- To remove the surcharge, you must be tobacco-free for three months
Delta Dental PPO Plan Improvements

- Diagnostic and preventive cleanings and x-rays will not count towards your $1,500 maximum annual benefit in the Dental PPO Plan. That essentially gives you a larger annual benefit for other types of care should you need it.

- In addition, composite fillings are now covered for all teeth including posterior teeth.
Health Care Flexible Spending Accounts

- Healthcare Flexible Spending Account maximum annual election will increase from $2,650 to $2,700
Graduate Student Employee Plan Changes

- Out-of-pocket maximum is increasing from $6,350 to $7,900
- Annual medical deductible is increasing from $350 to $500
- Prescription drug copays at pharmacies outside the Student Health Center (SHC) will change from $15/$30/$60 to $10/$35/$60
- Prescription drug copays at the SHC will change from $15 to $10/$35
Two-Step Wellness Credit

• Have an annual wellness exam. Preventive visits should be at no cost through a network provider
  – You do not have to wait 365 days from your last exam
  – New employees and/or spouses have a grace period
  – Retirees/Working Retirees and those enrolled in the Graduate Student Employee Plan already have their lowest premium

• Take the Health Assessment on MyEvive* which will provide you with personalized information about available A&M System programs and wellness tools
Two-Step Wellness Credit, cont.

*MyEvive will process both actions and you’ll receive your $30 premium credit. Your credit does not depend on participation in any of the suggested programs.

An alternate Health Assessment which will count as credit is available on Well onTarget, through your Blue Access for Members portal.

If you have not registered for MyEvive:
- Go to [https://tamus.myevive.com](https://tamus.myevive.com) and enter your UIN and information from your BCBSTX insurance card.
- You can also download the MyEvive app available for Android and Apple devices.
- Spouses should use the enrolled employee’s UIN, but must use their own personal email address to register for MyEvive.
Additional Benefits

• MD Live
  – Virtual Visits via telephone, online video or mobile app
  – Provides care for non-emergency medical and behavioral health conditions
  – $20 copay for staff, faculty and retirees (even those with Medicare)
  – https://mdlive.com/bcbstx
  – You can save time by registering ahead of time

• 2nd MD
  • Second opinion services from some of the best physicians in the nation

• Pet Rx
  – Discounts card for pets taking human prescriptions such as insulin, antibiotics and seizure medicine
# Open Enrollment Meetings

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<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>July 10</td>
<td>Health Science Center, Bldg. 1000, HPEB LL38</td>
<td>1:00 – 3:00 p.m.</td>
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<tr>
<td>July 11</td>
<td>GSC, Rm 101A</td>
<td>Exhibits</td>
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<td>GSC, Rm 101 B/C</td>
<td>Presentations</td>
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<tr>
<td>July 12</td>
<td>GSC, Rm 101A</td>
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Thank You!