**Physical Therapist Standard Job Description**

**Classification Title:** Physical Therapist

**FLSA Exemption Status:** Exempt

**Pay Grade:** 14

**Job Description Summary:**

The Physical Therapist, under direction, provides physical therapy services to patients. Acts in accordance with all federal, state, and professional laws, rules, and regulations.

**Essential Duties and Tasks:**

**70%: Instruction/ Supervision**

* Provides group and individual wellness instruction classes using approved curriculum.
* Provides strength training exercises with resistance as well as exercises focusing on balance and flexibility, all conducted within the class setting.
* Guides participants in the correct execution of exercises to ensure safety and effectiveness.
* Provides initial & follow-up assessments to class participants, which includes a health questionnaire, biometric screening (weight, BMI, and body fat percentage), and a fitness assessment to measure balance, muscular strength, and cardiovascular endurance.
* Tailors exercises according to individual needs based off of the initial assessment.
* Compares initial assessments to follow-up assessments to measure progress.
* Provides supervision, training, and performance management feedback to assigned staff.
* Provides input into the purchase of needed supplies and equipment for the program.

**10%:** **Curriculum**

* Reviews and updates wellness curriculum.
* Organizes, schedules, implements, and evaluates fitness activities.
* Develops and identifies wellness activities.

**20%: Manager’s Discretion**

**Required Education & Experience:**

Completion of a physical therapy program at a school, college, or university that has satisfied the accreditation standards of the Commission on Accreditation for Physical Therapy Education (CAPTE).

**Required Licenses and Certifications:**

Licensed as a Physical Therapist in the State of Texas or ability to obtain license within 60 days of employment. Licensure must be maintained for continued employment.

**Required Special Knowledge, Skills, and Abilities:**

Ability to multi-task and work cooperatively with others.

Strong written and verbal communication skills. Strong interpersonal skills.

Time management and organizational skills. Ability to use and manage an electronic medical records system (EMR).

**Preferred Qualifications:**

Doctorate in Physical Therapy.

First Aid American Red Cross and CPT certified.

Group Exercise Instructor certified.

National Academic Sports Medicine (NASM)

**Machines and Equipment:**

Computer, 2 hours.

Telephone, 1 hour.

Physical Therapy equipment, 10 hours.

**Other Requirements or Other Factors:**

May require working outside of normal work hours, including weekends and holidays.

Ability to exert heavy force and lift heavy objects.

The physical demands described here are representative of those that must be met by an employee to perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. Ability to exert moderate force and lift moderately heavy objects.

**Is this role ORP Eligible? If so, it needs to meet the criteria on the** [**Rules and Regulations of the Texas Higher Education Coordinating Board**](https://reportcenter.highered.texas.gov/reports/data/user-friendly-version-of-ch-25/)**.**

**Yes**

**No**

**Does this classification have the ability to work from an alternative work location?**

**Yes**

**No**