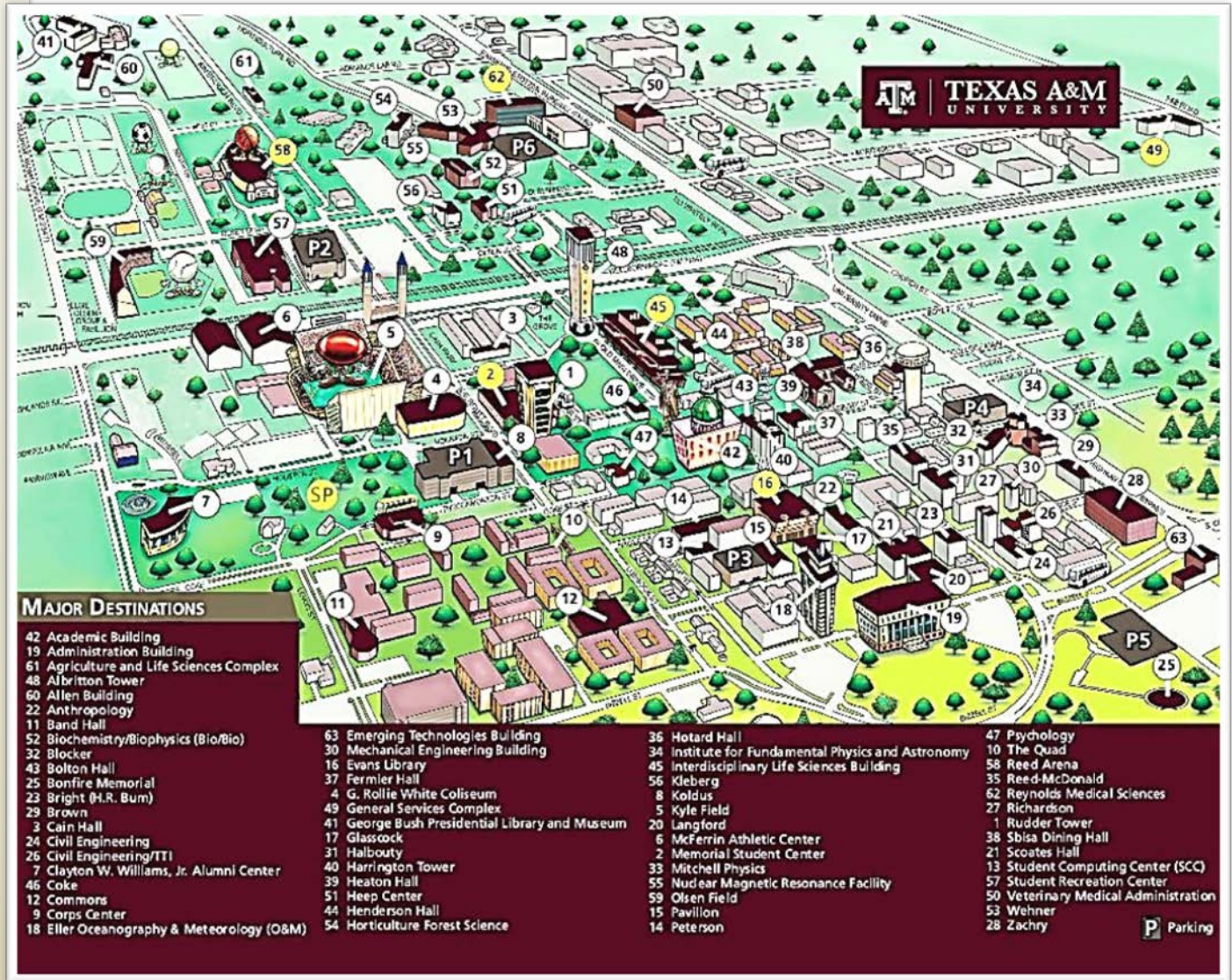


## Texas A&M Campus 1 Mile Walking Routes\*

- 2** Memorial Student Center:  
9 laps on the 2<sup>nd</sup> floor
- 16** Evans and Cushing  
Memorial Library:  
5 laps around building
- 45** Life Science Building:  
10 laps on the 1<sup>st</sup> floor
- 49** General Service Complex:  
10 laps on the 2<sup>nd</sup> floor
- 58** Reed Arena:  
1 lap on the sidewalk  
surrounding parking lot
- 62** Reynolds Medical Sciences:  
10 laps on the 2<sup>nd</sup> floor
- SP** Spence Park Trail:  
2 laps on the trail



\* Routes are approximate measurements taken in February 2015.



## WELLNESS WORKS

Physical

Financial

Interpersonal

Wellness Works is a program designed to encourage employees to live healthier lifestyles, to support a healthy workplace and to create a culture of wellness.

Learn more: [employees.tamu.edu/wellness](http://employees.tamu.edu/wellness)



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